

Energy Systems at Portsmouth

A Monthly Newspaper for Portsmouth Gaseous Diffusion Plant Employees of Martin Marietta Energy Systems, Inc.

Volume 5

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November 1990

Number 10



Jim Hicks, co-chairperson of the plant's Abilities Awareness Committee, discusses available services of J-Vac Industries with its personnel. J-Vac Industries teaches trained skills, such as cabinetry making and small crafts, for any aged or handicapped person. J-Vac also maintains small contracts with area businesses for making small parts. Six hours were required by a mentally impaired woman to sand the wooden cutting board located at the center of the table. The proceeds of the sale of such crafts are used for the benefit of paying wages for handicapped persons to help make them employable.

Energy Systems taking lead role in 'abilities' education efforts

Martin Marietta Energy Systems and local communities are taking a lead role in promoting "abilities" awareness.

Jim Hicks, an Engineer in Nuclear Materials Control, and Jeremy (Woody) Galloway, Janitor, have been serving as co-chairpersons for the plant's Abilities Awareness Committee.

Hicks and Galloway are committed to educating the public on the principles of The President's Committee on Employment of People with Disabilities, which states that people with disabilities should be given equal opportunities to choose and prepare for occupations matching their abilities and potential. Also, once in the workforce "abled" persons should con-

tinue with equal opportunities for selection, appointment and advancement.

A first-ever "abilities awareness" exposition was conducted at Jackson's Memorial Building Oct. 9-10. The exposition brought area employers, state and federal program directors, educational facilities and area agencies together with training information and career opportunities for the disabled person.

The Oct. 11 exposition, spearheaded by plant's Abilities Awareness Committee, was conducted in the X-102 cafeteria for employees. Participants included the Bureau of Vocational Rehabilitation, Star Workshop, Shawnee State University and Southern Ohio Medical Center.

"It is through these expositions that able-bodied persons will realize that those with disabilities have all of their other abilities and can take an active role in society," said Hicks.

According to Section 503 of the Vocational Rehabilitation Act, a handicapped person is someone who: "(a) has a physical or mental impairment which substantially limits one or more of the person's major life activities; (b) has a record of such impairment; or (c) is regarded as having such an impairment. A handicapped individual is 'substantially limited' if he or she is likely to experience difficulty in securing, retaining or advancing in employment because of a real or perceived handicap."

The Portsmouth plant now has 234 employees who have identified themselves as handicapped.

Hicks and Galloway, both members of the Greater Portsmouth Area Abilities Awareness Committee, are beginning to see the fruits of their labor.

Area radio public service announcements and interviews with handicapped individuals served as part of this year-long educational campaign.

During special ceremonies at the Southern Ohio Medical Center on Oct. 26, awards were presented by Hicks to Jeff Albrecht of the Ramada Inn for "Distinguished Employer of Disabled Persons" and Charlotta Reisenbeck, a corrections officer with the Ohio Department of Rehabilitation and Corrections, for "Distinguished Disabled Employee."

(Continued on Page 2)

Directory lists lifestyle improvement programs

The first edition of a directory outlining services offered through the Energy Systems "Wellness Program" has been distributed to employees.

The booklet, titled "Lifestyle Improvement Options" and developed by Corporate Medical Director Dan Conrad and Sandy Davis of the Human Resources Division at the K-25 site, provides information on the multitude of company programs that can

contribute to employees' well-being. Chapters cover programs in health services, safety, recreation, training and development and benefits.

Wellness activities include health services programs for smoking cessation clinics, blood pressure checks and periodic physical examinations; safety programs such as the film-video library, annual awards program, and a course in defensive

driving; and personnel training and development programs in stress management, career planning and managing conflict.

The directory also contains a reference card with telephone numbers of wellness program contacts at all five Energy Systems sites.

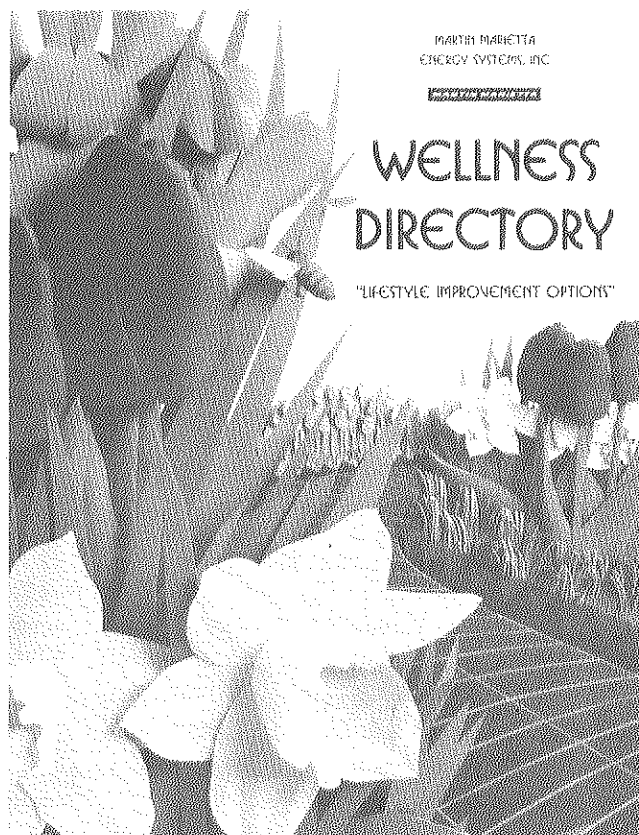
"The organizations that encompass Health Services, Human Resources, Benefit Plans, and Recreation all play a vital role in supporting the Energy Systems wellness concept. To find out more about how each organization can serve you, check the handy reference table located on the last page," Conrad added.

"Our goal in producing the directory was to provide a comprehensive listing of the many lifestyle-improvement programs available to our employees," Conrad said.

"Concern for our people is at the top of our list of Energy Systems Values, and we hope to make it easier for employees to participate in these important wellness programs by providing a convenient reference source for information."

Conrad expressed appreciation to members of the Y-12 Wellness Committee, led by Assistant Plant Manager Steve Polston, for efforts in developing a wellness strategy.

"The wellness directory is an outgrowth of that strategy and is the first phase of an overall plan to give wellness (or lifestyle improvement) higher visibility and a higher priority for Energy Systems employees," he said.

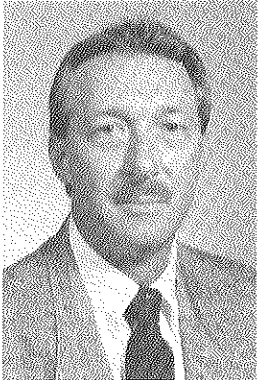


"Lifestyle Improvement Options" at Energy Systems plants are outlined in the first edition of the "Wellness Directory" mailed recently to homes of employees at all five sites. The booklet provides information on the many company programs that can contribute to employees' well-being.

Conkel named department head

Mark E. Conkel has been promoted to Department Head, Uranium Materials Handling. He reports to John P. Vournazos, Department Superintendent, Uranium Operations.

Conkel came to work at the Portsmouth



Conkel

plant in August 1974 as a Chemical Operator. He became Foreman, Chemical Operations, in April 1977.

Conkel then worked for four years in the Gas Centrifuge Enrichment Plant (GCEP) organization before becoming Technologist, Technical Division, Staff, in February 1986.

He became General Foreman, Chemical Operations, in July 1986, and General Foreman, Uranium Materials Handling, in June 1987.

Conkel was graduated from Otterbein College with a bachelor's degree in government and education.

He and his wife, Frances, have three children and live near Minford, where he is active in youth sports administration and coaching.

Jarrell is statistics leader

Linda L. Jarrell has been named Department Head, Statistical Support. She reports to John E. Cormier, Manager, Quality Programs.

This new group was established to provide statistical services to the Nuclear Materials Control & Accountability (NMC&A) Program and to the plant as a whole.

Jarrell came to work at the Portsmouth plant in June 1987 as a Statistician in Quality Assurance and Control. She became Statistician III in March 1990.

She was graduated from Ohio Dominican College in 1984 with a bachelor of science degree in mathematics and computer science, from The Ohio State University in 1987 with a master's degree in statistics,

and from Ohio University in 1990 with a master's degree in business administration.

She and her husband, Rick, live near Chillicothe.



Jarrell

disABILITY awareness efforts

(Continued from Page 1)

A poster contest, conducted among area schools, focused on disABILITY awareness. Mendy Ann Orthmeyer, a senior in the Orthopedically Handicapped class at Clay High School, and Paul Begley, of McDermott Elementary, were selected as the winners in the two age groups. Orthmeyer's poster was titled "Don't Look at My Handicap — Look at What I am Able to Be."

Patty Gilmore of Shawnee State Univer-

sity read essays written by university students on their views of special abilities, feelings and attitudes.

A major abilities awareness exposition is scheduled in Portsmouth for May 1991.

Hicks was recently appointed as a member of Board of Governors of the Mid-Ohio Chapter National Multiple Sclerosis Society.

"Attitude is important when understanding disabilities," summarized Hicks, "people are first, disabilities second."

SERVICE MILESTONES

DECEMBER 1990

20 years — Jimmie G. Brown and Edith A. Dewey.

15 years — Rickey D. Harris, Charles K. Beattie Jr., Sharon L. Wessel, Calvin E. Shook, Sherman E. Wright, James R. Eskridge, James M. Reed, Steven J. James, Barbara J. Johnson, Mary M. Watkins, Michael W. Ramey, Carl E. Humston, Claudette Kearns, Elmer E. Shepherd, Richard O. Grose Jr., Joycelyn C. Hoffman, Geraldine McKibben and Harley Bailey Jr.

10 years — Sue E. Fulk and Betty L. Bihl.



OBES exhibits at Abilities Expo

Martin Marietta, along with nine other exhibitors, participated in the first ever "Abilities Awareness Exposition" conducted in Jackson Oct. 9-10. The expo was designed to increase awareness of employers of those with special abilities and provide information on the best approach to make them employable. Pictured are Woody Galloway (second from left), co-chairperson of the Portsmouth plant's Abilities awareness committee, and Ohio Bureau of Employment Services (OBES) representatives Mark Ervin, Walt Stowers and Linda Bentley.

Ethics code prohibits gratuities

Each year during the Christmas holiday season the corporate Ethics Office receives a number of inquiries regarding the propriety of accepting gifts, invitations or other gratuities from suppliers.

"The answer is 'no,' the season makes no difference," according to George Sammet Jr., Vice President, Corporate Ethics.

The subject is well-covered in the Martin Marietta Code of Ethics and Standards of Conduct, which states: "Martin Marietta personnel are not permitted to accept gifts from individuals, firms, or representatives of firms who have or seek business relationships with Martin Marietta."

"Likewise, if the past is any indicator, we can expect many invitations from suppliers to attend Christmas parties of various kinds. Our policy is to courteously decline to participate. This policy applies to all employees, not just those involved in procurement," Sammet added.

Also, "Federal, state, and local govern-

ment departments and agencies have regulations concerning acceptance by their employees of entertainment, meals, and gifts from firms and persons with whom the departments and agencies do business or over whom they have regulatory authority. Martin Marietta employees may not give, or offer to give, to such government employees any entertainment, meal, or gift regardless of value," the Code says.

Both the Portsmouth plant Ethics representative and the corporate Ethics Office are available to answer questions about the Code of Ethics. The plant office may be contacted at extension 2554, while the corporate office number is 1-800-338-4427.

Progressions & Promotions

Charles E. Dixon III, from Administrative Assistant I (D-334) to Administrative Assistant II (D-330).

Clifford Mowery, from Sr. HP Technician to Health Physics Technologist (D-102).

Carol J. Van Meter, from Research Staff Member (D-070) to Sr. Staff Engineer I (D-501).

Angela K. Parsley, from Clerical Assistant II to Sr. Office Assistant (D-352).

Timothy D. Murphy, from Mail Assistant I to Mail Assistant II (D-351).

MARTIN MARIETTA

Energy Systems at Portsmouth

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New Employees

October 22

Billy L. Lee Jr., Engineer II (D-532).

October 29

George K. Needham, Accountant I (D-375).

Darrin J. Thompson, Engineer I (D-623).

John G. Douglas, Accountant II (D-377).

November 1

Donna E. McGinnis, Data Entry Assistant I (D-346).

Valerie M. Carson, Security Console Operator (D-911).

Andrea L. Taylor, Office Assistant I (D-321).

November 5

Steven A. Goins, Security Inspector (D-911).

David L. Colley, Painter 1/C (D-729).

Retirees

Glorine Clark, Portsmouth, Janitor, Nov. 1, after more than five years of service.

Halcomb receives certification

Barbara E. Halcomb, Sr. Staff Nurse in the Medical Department, has successfully completed the required criteria and six-hour examination to become the first Certified Occupational Health Nurse (COHN) at the Portsmouth plant.

This achievement was announced by the American Board for Occupational Health Nurses, Inc., an independent nursing specialty board of health care professionals.

The board was established in 1972 to implement and conduct a program of certification of qualified occupational health nurses.

Certification is a voluntary program designed to recognize those nurses who promote, maintain and restore health to workers through their place of employment. Across the United States, this certi-

fication has been achieved by 4,500 registered occupational health nurses.

All registrants must have five years of full-time occupational nursing experience and validated continuing education of 75 course contact hours in occupational health experience to meet the eligibility requirements for the COHN examination.

Since occupational health nursing is a diverse and complex specialty, the examination is broad in scope and emphasizes basic concepts and principles rather than specific technical details. The examination is divided into five major categories: direct care; education/counseling; management/administration; legal/ethical; and health and environmental relationships.

Halcomb began work in the Medical Department in August 1980. She was graduated from the Holzer Medical School of Nursing in 1974 and is attending Ohio University and Shawnee State University pursuing a bachelor's degree in nursing.

Other health care accomplishments for Halcomb include those of certified pulmonary technologist, emergency medical technician (EMT), advanced cardiac life support provider and basic cardiac life support instructor. She attends national seminars on cardiac and trauma nursing care.

She and her husband, Joe, an ES&H Shift Advisor, have four children and live in Sciotoville.



Halcomb

Grashel is payroll professional

Donita K. Grashel, an Accountant in the Payroll Department, is the first Energy Systems employee to earn the Certified Payroll Professional (CPP) rating.

The honor was announced by the American Payroll Association, the national organization of payroll professionals.

Grashel joined 714 other payroll professionals across the United States in 1990 in successfully completing the CPP examination and fulfilling work requirements.

The Association, founded in 1982, is committed to enhancing the quality of the payroll profession by offering educational opportunities.

The CPP examination consists of a five-part test in the areas of fundamental practice of payroll, federal taxation, accounting, systems and management. The exam-

ination has been administered annually since 1985. More than 2,500 people in the United States have earned the CPP rating.

Originally a technical skill, today's payroll is a professional discipline. It utilizes the latest electronic processing technologies for executing the payroll and, in many cases, interfaces with other systems in the organization. The function is conducted under a wide array of payroll withholding mandates.

Donita began her employment, in Payroll, in 1976. She reports to Rusty Yates, Department Head.

"We're very proud of Donita's accomplishment," Yates said. "She is a pioneer for other payroll professionals in Energy Systems."

Donita and her husband, Tim, have two sons and live in Wheelersburg.

New Arrivals

Son, Adam Clayton, Nov. 7, to Clayton (D-378) and Mitzi Jones.

ENERGY CONSERVATION TIP

Check the temperature on your water heater. If you reduce the temperature from 140 to 120 degrees F, you could save more than 18 percent of the energy used at the higher setting.



Be secure during the holidays!

Burglary may be the most preventable of all crimes. But through our own carelessness we can make a burglar's job easy. Some folks even announce their absence — and invite a burglar to come in!

By making a security check of your place before you leave on that holiday trip, you may prevent a traumatic loss for yourself and a big task for police. Here are some things to check.

- Door locks. If you can lock the door by slamming it, a burglar can open it quickly with a piece of stiff plastic, like a credit card. Consider having a locksmith install pick-resistant locks on all of your doors. Remember, if a burglar finds one door is hard to open, he will check the others to see if they offer easier access.

Always lock the doors and windows when you leave the house. Some people don't!

- Windows. Locking windows is as important as locking doors. If yours don't lock securely, drill a hole through the top and bottom frame and insert a bolt when you leave on vacation.

Always make sure that windows can be opened quickly from the inside in case of fire. Remove the bolts when you get back home, especially from children's bedroom windows.

- Sliding glass doors. A burglar's favorite, they're easy to get into if they don't have special locks. If yours don't, lay a metal or wooden bar against the inside edge of the slider so it can't be moved.

After you have windows and doors in a secured state, there are other precautions you can take.

- Make the house look occupied. Arrange to have newspapers and mail picked up by a neighbor. Find someone who will shovel if it snows. Be sure to close and lock the garage doors. Want to invite a burglar to come in? Just leave the garage door up

with no car inside, several newspapers on the front step, and snow not shoveled.

- Leave a light on. Better still, buy a timer that will turn one or more lights on at different times.

- Never hide a key near the door. There is no good hiding place because burglars know them all!

Scholarship forms remain available

The Martin Marietta Corporation Foundation Scholarship Program was established for the sons and daughters of full-time employees who have been employed by the corporation for a total of at least two years as of Jan. 1 of the award year and who are on active payroll at the time of the award. Scholarship applicants must be graduating seniors of a secondary school in the year of the award. The application deadline for the next award period is Feb. 1. Application forms are available in the Public Relations office.

Obituaries

Arthur G. Boggs, Waverly, October 23. Boggs was an Instrument Mechanic (D-712) at the time of his retirement in February 1986. He is survived by his wife, Eva.

Charles (Chuck) Thompson, Waverly, Oct. 24. Husband of Maxine Thompson (D-931).

William T. Allen, 62, Jackson, Oct. 31. Allen worked in Laboratory Services (D-541). He is survived by his wife, Mary.

Millard (Mick) Henry, Wellston, Nov. 5. Father of Faye Thompson (D-631).

Robert W. Spriggs, Portsmouth, November 8. Spriggs was a Production Process Operator (D-814) at the time of his retirement in May 1983.



Grashel

Unselfish giving by unsung hero made holiday of family in need

As children, we're taught to share with those less fortunate.

Our 1990 United Way campaign distributed more than \$77,000 for the benefit of our friends and neighbors.

Earlier this year, we were there for the victims of the Shadyside Disaster. More recently, we pooled our resources and efforts for the benefit of our Armed Forces serving in the Middle East.

It's because of this giving attitude, we'd like to recount a message of holiday sharing by an unsung hero.

Last year during the holidays, one of our co-workers (who prefers to remain anonymous) was given the name of a family by local school administration.

This co-worker, who randomly takes names from "giving trees" at department stores, was touched by the first-grade teacher's concern for the members of this family and committed herself to making their holidays a little brighter.

After purchasing about \$200 in gifts and foods, this employee and her brother selected a day to deliver the packages. With him dressed as Santa, they drove many miles along the back roads of Pike County to find this family.

As they approached the house and peered in the window, they could see the family had very little. Three children sat inside on a cold winter's night without shoes or socks.

The children ran to greet Ole St. Nick and his bundle as the father answered the knock at the door. The excitement and joy following cannot be justly described.

Our co-worker said she felt great to know she'd been able to help.

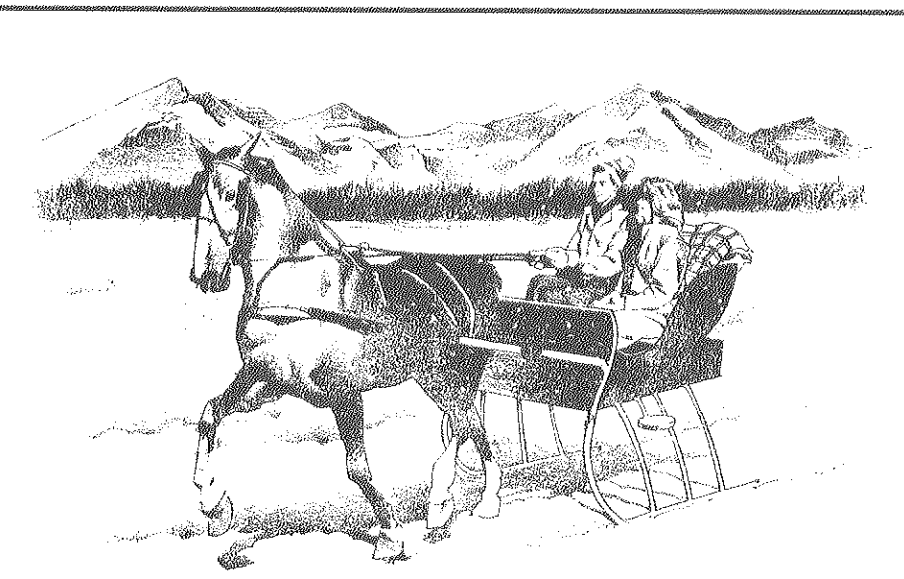
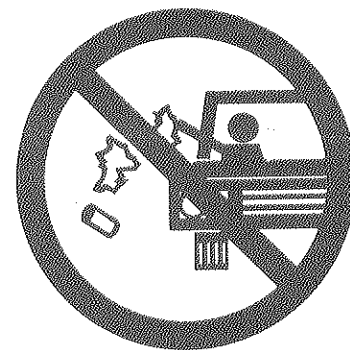
"It warms you all over," she said.

This sense of sharing unites us for a common cause. And that is "people helping people."

It's difficult to realize there are those in our neighboring communities, maybe even right next door, who need our support, our sense of sharing.

"Giving trees" located in most department stores, local food drives for filling baskets, donated monies in kettles, hospital children's funds and your time are just a few ways to help make another person's holidays brighter.

Like this co-worker and many of our other "unsung heroes," search for the childlike spirit within and warm yourself in sharing with those less fortunate during this busy holiday season.



Happy HOLIDAYS

Make this Holiday Season a special time.

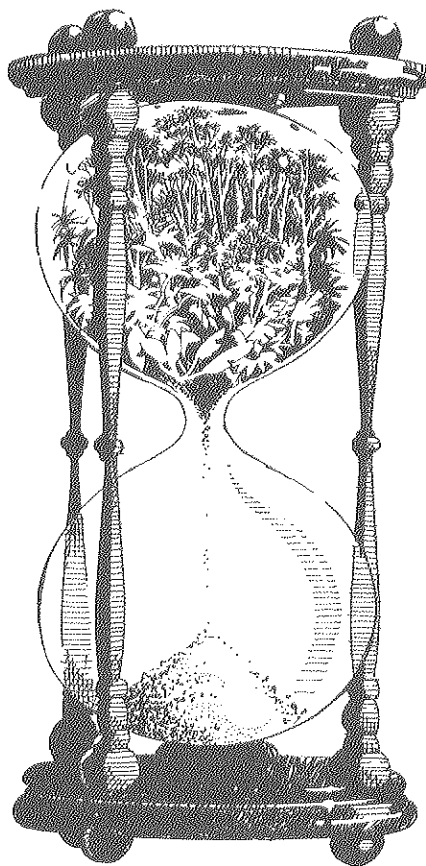
Share the beauty of nature.

Spend quality time with family and friends.

Reflect on good fortune we too often take for granted.

Do something for someone who is all alone.

And remember the people serving our country in the Mideast.



Don't let time run out!
Keep our Scene Clean!

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